

mayfair times

MAYFAIR / ST JAMES'S / MARYLEBONE
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David Gandy

EMBRACING HIS EMOTIONS

FOCUS ON WELLNESS

PLUS:
TRAVEL SPECIAL

COMMUNITY AWARDS
OF MAYFAIR &
ST JAMES'S

► **SOUL TO SOUL**

Sustainable luxury operator Soneva has launched Soneva Soul, a new wellness concept across its resorts; harnessing ancient healing with modern science. The new Soneva Soul Island Spa at Soneva Jani, Maldives, elevates wellness experiences beyond pampering treatments and massages. Linked by walkways that wind among the trees, the complex includes open-air treatment rooms, therapeutic biomodulation rooms, gym, juice bar and yoga pavilion. soneva.com



WELL
AND GOOD

*Health is wealth – never more so than
in recent times. Ready to recharge?
We round up some of the best
long-haul wellness retreats
money can buy.
By Jonathan Whiley*



▲ **GOOD MANORS**

Giraffe Manor – the luxury hotel in Kenya famed for its herd of Rothschild giraffes – has unveiled a new addition: The Retreat. A standalone building within the grounds, you can experience once-in-a-lifetime interactions with giraffes from a 21-metre infinity pool. The building also includes treatment rooms, steam room, sauna, hot tub and gym. thesafaricollection.com

▼ **JET-SET TECH**

Billionaire businessman Larry Ellison will open his Porcupine Creek estate to the public as a tech-focused Sensei wellness resort this spring. The 230-acre estate in California's Rancho Mirage is where Oracle founder Ellison once hosted President Obama. Guests at the 22-room resort can expect technologically-advanced wellness getaways with spa, nutrition and movement programmes similar to those at Sensei Lanai, the company's original location in Hawaii, in partnership with Four Seasons. sensei.com/porcupine-creek

